

# Orange



## NUTRITION

Serving Size 1 medium Orange (154g)

Amount Per Serving	% Daily Value
Calories 80	Calories from Fat 0
Total Fat 0g	0%
Saturated Fat 0g	0%
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 21g	7%
Dietary Fiber 7g	28%
Sugars 14g	
Protein 1g	

Vitamin A 2% Iron 2% Vitamin C 130% Calcium 6%



## AVAILABILITY

	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
CA NAVELS	✓	✓	✓	✓	✓					✓	✓	✓
CA VALENCIA					✓	✓	✓	✓	✓			
CL NAVELS					✓	✓	✓	✓				
CL VALENCIA								✓	✓	✓	✓	✓
FL NAVELS	✓									✓	✓	✓
FL VALENCIA		✓	✓	✓	✓	✓						

## PACK INFORMATION

### JUICE

Standard Cartons, Euro Cartons, RPCs ½ Cartons  
10 lb. Consumer Carton 5 lb. Consumer Carton  
Packed in Bag Master Cartons, RPCs, and 24" Bins

### NAVELS

Bushel Box: 4/5 Cartons 2/5 Cartons  
Bag Master Cartons

### VALENCIA

Standard Cartons, Euro Cartons, RPCs ½ Cartons  
10 lb. Consumer Carton, 5 lb. Consumer Carton  
Packed in Bag Master Cartons, RPCs, and 24" Bins

Bags	UPC
4 lb. Net Bags	033383-10150
5 lb. Net Bags	033383-10152
8 lb. Mesh Bags	033383-10154
10 lb. Mesh Bags	033383-10157

Bag Master Cartons	UPC
4 lb. Mesh Bags	033383-10000
5 lb. Mesh Bags	033383-10002
8 lb. Mesh Bags	033383-10004
10 lb. Mesh Bags	033383-10006

Bags	UPC
4 lb. Net Bags	033383-10050
5 lb. Net Bags	033383-10052
8 lb. Mesh Bags	033383-10055
10 lb. Mesh Bags	033383-10057

## STORING AND HANDLING

Recommendation for short-term storage of 7 days or less:  
Temperature: 45 - 50 degrees F/7-10 degrees C  
Humidity: 85-95% relative humidity

Retail display tips:  
Water sprinkle: No  
Top Ice: No

Ethylene production/sensitivities:  
Produces ethylene: Yes - very low  
Sensitive to ethylene exposure: Yes

## STORING TIPS

Store oranges in a well-ventilated area; keep cartons off the floor to prevent boxes from becoming damp. Keep oranges separated from foods that absorb odors such as eggs, apples, cheese, or butter.